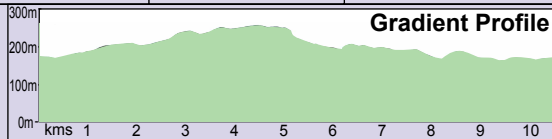


## WALK 18: Plésidy

**Length** 10½ kms      **Time** 3 hrs      **Level** 2/3



**Location & parking:** Plésidy, 12kms S of Guingamp via the D767 and D5. From Plésidy centre take road to Bourbriac; 1km W from Plésidy take D5 left to St-Nicolas-du-Pelem, then first road on right and park immediately.

**Refreshments:** bar/tabac/restaurant in Plésidy. None on route.



This is the Breton *argoaat* at its best: lush green fields, deep wooded valleys, majestic and mysterious menhirs, and that whiff of nostalgia that comes from walking old railway lines.

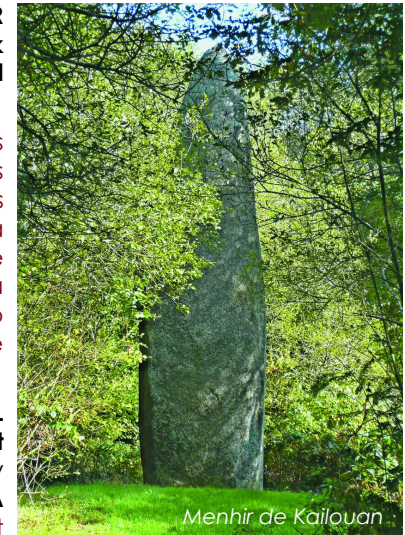
### DIRECTIONS

**1. CA down the road to old water tower on right** The water tower and the alignment of the small house to the right confirm that you are on an old railway. In fact it's the same metre gauge line encountered in Walk No.27, St-Nicolas-du-Pelem. The section from Guingamp to Plésidy was opened in 1923 and that from Plésidy to St-Nicolas-du-Pelem in 1924. The whole line was closed in 1938, unable to compete with improved road transport.

• CA on road to left of water tower • Follow 500m to junction, bear L • 250m turn L onto track • Follow to hamlet of Trévelost, turn L at cross-roads • At curved TJ turn R onto grassy footpath (ignore grassy track into field) • CA (former railway) into wood (where the rough granite chippings of the trackbed are still visible) • At bank across line of railway, turn L up grassy track • 100m follow R

between fields • At road turn R • 100m turn L onto grassy track • 70m turn L to wood-fenced enclosure around menhir

The Menhir de Kailouan stands 7.4m above ground but it is often listed as 11 metres - its probable total size. There is a legend that it separates the graves of a Gallic chief and a Roman general: that may be so but certainly its original purpose is lost in the mists of the neolithic.



Menhir de Kailouan

**2. Return to road and turn L • 650m at TJ turn R • At right bend turn L onto track** (away from farm) • Follow R and CA

The top of the rise is the highest point in Plésidy at 264m. Good views: Plésidy church spire on right, between two hills, and Bourbriac church ahead slightly left. This is also the watershed between the English Channel and the Atlantic • Just over summit turn L onto path • 300m follow L • 100m follow R and down into wood (Toul du - the black hole) • Follow path

