

## WALK 22: Suscinio

<b>Length</b> 10kms	<b>Time</b> 2½hrs	<b>Level</b> 2
<b>Location &amp; parking:</b> Château de Suscinio, signed from the D780 near Sarzeau, Presqu'île de Rhuys. Park in the château visitors' car-park.		
<b>Refreshments:</b> crêperie/bar near the car-park at Suscinio. None on route.		



It would be a shame to come here for this walk and not allow enough time to visit the 13th century château as well. Favourite residence of the Dukes of Brittany for two centuries, it was bought as a ruin by the department of Morbihan in 1965 and has since been restored. Today it houses an impressive collection of medieval floor tiles. The surrounding land is flat, mostly marshes, some of which have in the past been exploited for salt. The forest of Suscinio is said to have extended into an area now covered by the sea. The Bay of Suscinio is also a contender for the site of King Gradlon's lost city of Ys. The walk starts from the château, explores the country to the west, now farmed, but once a ducal hunting park, and returns along the coast.

### DIRECTIONS

**1.** From the car-park, walk to the left of the château and on into the village of Suscinio. Continue ahead past a no-entry sign and follow the road sharp right around the last gable of the Moulin Vert.

*Le Moulin Vert* is a medical institution, here housed in a converted 19th century barracks for customs officers.

**Follow the road for 1.5kms, then bear left at the oblique T-junction. Just before the first house on the right, turn right onto a green lane. Follow this for 1.5km to Kergorange.**

To the left of the green lane is a stone wall marking the limit of the ducal park of Glisgoët. To the right is a marsh, the *Étang de Calzac*.

**2. In Kergorange turn left at the T-junction (care needed – this road can be busy). At the top of the hill, take the left fork, signed to Lan Hoëdic. Continue on the road, through La Noëdic.**

(Note the two different name styles, one Breton, the other a garbled French version.)

**3. Where the road bends right, continue ahead on a footpath, signed *Chemin piétonnier plage*.**

Follow this path to the shore, turning left along the coastal path that runs just behind the beach.

**4. On reaching a point, with a stone walled enclosure, take the easier path to the left of it.**

The old path round the seaward side has been seriously eroded and though still passable it is quite tricky. Here is Beg Lann, a 18th/19th century fort and customs post. It was sold in 1865 to *Les Pères de Picpus*, a missionary organisation, who still use it as a retreat.

**Continue ahead through the wooden barrier. Bear right through a car-park and along behind the sea wall.**

Disused salt marshes lie to the left.

